

Introducing Baby Food Schedule

- Day 1 - 3: Carrots**
- Day 4: Apples**
- Day 5-7: Carrots, Apples**
- Day 8 - 11: Carrots, Apples, Rice Cereal**
- Day 12: Pears**
- Day 13-15: Carrots, Apples, Rice Cereal, Pears**
- Day 16-19: Carrots, Apples, Rice Cereal, Pears, Sweet Potatoes**
- Day 20-22: Carrots, Apples, Rice Cereal, Pears, Sweet Potatoes, Peas**
- Day 23- 26: Carrots, Apples, Rice Cereal, Pears, Sweet Potatoes, Peas, Butternut Squash**
- Day 27-30: Carrots, Apples, Rice Cereal, Pears, Sweet Potatoes, Peas, Butternut Squash, Bananas**